



## SUBJECT STATEMENT: PERSONAL, SOCIAL AND HEALTH AND ECONOMIC EDUCATION (PSHE)

*This statement supports the school vision*

**SEEKING** ↪ **SERVING** ↪ **SOARING** ↪

We believe that the promotion of health and well-being is central to the life of the school and its relationships with the wider community; we aim to prepare pupils for the opportunities, responsibilities and experiences of adult life.

**EYFS**  
In Reception Year, children are provided with opportunities to develop this knowledge and understanding and related skills as part of Personal Social and Emotional Development (PSED).

### Key Stage 1 and Key Stage 2

Our aims for PSHE are in line with those provided by the PSHE Association. We aim to provide pupils with

- accurate, balanced and relevant knowledge
- opportunities to turn that knowledge into personal understanding
- opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities
- the skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives
- opportunities to develop positive personal attributes such as resilience, self-confidence, self-esteem, and empathy

Teaching and learning in PSHE is based on 10 evidence-based principles identified by the PSHE Association

1. Start where children and young people are: find out what they already know, understand, are able to do and are able to say.
2. Plan a 'spiral programme' which introduces new and more challenging learning, while building on what has gone before.
3. Take a positive approach which focuses on what children can do to keep themselves and others healthy, safe and happy.
4. Offer a wide variety of teaching and learning styles within PSHE education, with an emphasis on interactive learning.
5. Provide information which is realistic and relevant and which reinforces positive social norms.
6. Encourage children to reflect on their learning, to transfer what they have learned from one school subject to another and to their lives in the wider community.
7. Recognise that the PSHE education programme is just one part of what a school can do. Encourage staff, families and the wider community to get involved.
8. Embed PSHE education within other efforts to ensure children have positive relationships with adults and feel valued.
9. Provide opportunities for children to make real decisions about their lives, and where they can demonstrate their ability to take responsibility for their decisions.
10. Provide a supportive learning environment where children can develop the confidence to ask questions and put what they learn into practice in their lives.

PSHE is taught through the vision and values of the school, cross-curricular links and PSHE lessons. It is linked to the PSHE Association Programme of study and related to the real world and children's experiences. In all classes, adult observations are key to planning PSHE lessons and curriculum coverage is reviewed six times a year. We foster the development of children as active learners by teaching them about growth mindset and providing opportunities for them to take part in discussions and problem solving activities; outdoor and experiential learning and taking on different roles within in a range of paired and group tasks.